# Reducing Stress During Vet Visits: How Medication Can Help

A trip to the vet can be stressful—for both pets and their people. We're here to help make the experience safer, calmer, and more positive—for everyone.

## Why Stress Matters

Stress can affect your pet's health and how well we can care for them. In some cases, anxiety is so severe that it becomes a barrier to routine care like vaccines, bloodwork, or dental checkups. That's where medication can make a big difference.

### **How Medication Can Help**

Pets benefit from short-term, situational medications paired with behavior modification and training to help manage fear and anxiety. These medications:

- Allow for more accurate exams and diagnostics
- Reduce the risk of injury to your pet, you, or our team

We tailor the choice of medication and dosage to your pet's needs, age, and health history.

#### Signs Your Pet May Benefit from Pre-Visit Medication

- Reluctant to get into the carrier or car
- Vocalizing, trembling, pacing, drooling, vomiting, or soiling during car rides or at the clinic
- Growling, lunging, or biting at the vet

If you've noticed any of these signs, talk to us. You're not alone, and we're here to help.

#### Let's Make Vet Visits Better

Every pet deserves compassionate care—and that starts with helping them feel safe. If you think your dog or cat could benefit from medication, contact us before their next visit.

Call us at (408) 264-3550 to discuss your pet's behavior needs.